MAKING T

Jump to Section 1 Section 2 Section 3 Section 4 Section 5 Section 6

1. Jotting down thoughts and feelings as they come to mind
2. Jotting down thoughts and feelings as they come to mind
3. Jotting down thoughts and feelings as they come to mind
4. Jotting down thoughts and feelings as they come to mind
5. Jotting down thoughts and feelings as they come to mind

You really need to dive into the mind-blowing but you might want to remember these suggestions:

- Recording what day-to-day life is like in your mind like a journal or diary form
- Will you be making a list ("Why I deserve a raise", or "Things we have made at the company")
- Write a list as a predefined and ordered sample of phrases
- Make the relationship between the title and the point, just a little more strong or fringy